

Week 1-4	Cognitive	Motor Skills	Fitness	Personal & Social Responsibility
Essential Questions Gr K	1) What is personal space?	1) How can I demonstrate different directions, levels, and pathways in personal space?	1) How can physical activity help my body grow?	1) What three rules can I identify in PE?
Essential Questions Gr 1	1) How can I demonstrate proper use of personal and general space?	1) How can I demonstrate different directions, levels, and pathways in personal and general space?	1) What is one activity that increases my heart and breathing?	1) What rules do I need to remember in PE?
Essential Questions Gr 2	1) Why is it important to understand different types of relationships in dynamic situations?	1) How can I demonstrate mature forms of locomotor skills?	1) What is cardiorespiratory endurance? 2) How can I maintain a healthy heart?	1) What rules do I need to follow to be safe in PE?
OPEN Module	PSR Module	PSR Module	Instant Activities Module	PSR Module
Activities	<ul style="list-style-type: none"> <li>• Bean Bag Bandages</li> <li>• Hula Hoop Igloos</li> <li>• Station Day</li> <li>• Hide and Seek</li> </ul>	<ul style="list-style-type: none"> <li>• Bean Bag Bandage Tag</li> <li>• Train Tracks</li> <li>• Heavy Lifters</li> <li>• Station Day</li> </ul>	<ul style="list-style-type: none"> <li>• Ahh, Umm, Err</li> <li>• Farmville</li> <li>• High Five Bank Tag</li> </ul>	<ul style="list-style-type: none"> <li>• Beanbag Bandages</li> <li>• Set the Table</li> <li>• No More Monkeys</li> <li>• Hide and Seek</li> </ul>
Assessment(s)	<ul style="list-style-type: none"> <li>• DOK Questions</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Self-Assessment Worksheet</li> <li>• Holistic Performance Rubric</li> </ul>
Focused Standards Gr K (Codes Only)	<ul style="list-style-type: none"> <li>• S2.[K.d]</li> </ul>	<ul style="list-style-type: none"> <li>• S1.[K.f,g,h]</li> </ul>	<ul style="list-style-type: none"> <li>• S3.[K.a]</li> </ul>	<ul style="list-style-type: none"> <li>• S4.[K.c]</li> </ul>
Focused Standards Gr 1 (Codes Only)	<ul style="list-style-type: none"> <li>• S2.[1.e]</li> </ul>	<ul style="list-style-type: none"> <li>• S1.[1.h,i,j]</li> </ul>	<ul style="list-style-type: none"> <li>• S3.[1.b]</li> </ul>	<ul style="list-style-type: none"> <li>• S4.[1.d]</li> </ul>
Focused Standards Gr 2 (Codes Only)	<ul style="list-style-type: none"> <li>• S2.[2.a]</li> </ul>	<ul style="list-style-type: none"> <li>• S1.[2.d]</li> </ul>	<ul style="list-style-type: none"> <li>• S3.[2.d]</li> </ul>	<ul style="list-style-type: none"> <li>• S4.[2.e]</li> </ul>
Notes				PE=Physical Education

Week 5-8	Cognitive	Motor Skills	Fitness	Personal & Social Responsibility
Essential Questions Gr K	1) What happens to my heart beat when I start moving faster?	1) How can I demonstrate 2 critical elements of locomotor and manipulative skills?	1) What activities can be done at home to keep active?	1) How can I demonstrate personal and general space?
Essential Questions Gr 1	1) Why does my heart grow stronger when I move more?	1) How can I approach a mature form in locomotor and manipulative skills?	1) What activities can be done at home to keep a healthy body?	1) How can I demonstrate safe use of personal and general space?
Essential Questions Gr 2	1) Why is it important to be aware of my surroundings when moving?	1) How can I demonstrate mature forms of locomotor and manipulative skills?	1) How can I participate regularly in physical activities outside of PE?	1) How can I participate alone and with a partner in a safe environment?
OPEN Module	Locomotor and Manipulative Skills Module	Locomotor and Manipulative Skills Module	Instant Activities Module	Locomotor and Manipulative Skills Module
Activities	<ul style="list-style-type: none"> <li>Juggling Scarf Exploration 1</li> <li>Juggling Scarf Exploration 2</li> <li>Bean Bag Exploration 1</li> <li>Bean Bag Exploration 2</li> </ul>	<ul style="list-style-type: none"> <li>Ball Skills 1</li> <li>Ball Skills 2</li> <li>Hula Hoop 1</li> <li>Hula Hoop 2</li> </ul>	<ul style="list-style-type: none"> <li>Hot Hot Hot</li> <li>Rocky RPS</li> <li>Slam Ball</li> </ul>	<ul style="list-style-type: none"> <li>Juggling Scarf Exploration 1</li> <li>Bean Bag Exploration 1</li> <li>Ball Skills</li> <li>Hula Hoop 1</li> </ul>
Assessment(s)	<ul style="list-style-type: none"> <li>DOK Questions</li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment Worksheet</li> <li>Holistic Performance Rubric</li> <li>Holistic Dual Performance Rubric</li> </ul>	<ul style="list-style-type: none"> <li>DOK Questions</li> </ul>	<ul style="list-style-type: none"> <li>Holistic Performance Rubric</li> <li>Holistic Dual Performance Rubric</li> </ul>
Focused Standards Gr K (Codes Only)	<ul style="list-style-type: none"> <li>S2.[K.c]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[K.a,c]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[K.b]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[K.b]</li> </ul>
Focused Standards Gr 1 (Codes Only)	<ul style="list-style-type: none"> <li>S2.[1.d]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[1.a,c]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[1.a]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[1.c]</li> </ul>
Focused Standards Gr 2 (Codes Only)	<ul style="list-style-type: none"> <li>S2.[2.b]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[2.a,d]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[2.g]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[2.d]</li> </ul>
Notes			PE=Physical Education	

<b>Week 9-12</b>	<b>Cognitive</b>	<b>Motor Skills</b>	<b>Fitness</b>	<b>Personal &amp; Social Responsibility</b>
Essential Questions Gr K	1) How can I practice my foot skills in personal space?	1) How can I demonstrate critical elements while moving with a soccer ball?	1) How does physical activity help the body grow and get fit?	1) Why is cooperation and safe play important?
Essential Questions Gr 1	1) Why is it important to keep my head up when practicing my foot skills in personal and general space?	1) How can I demonstrate critical elements that lead to a mature dribbling form using my foot?	1) What is intensity? 2) How can I apply different intensity levels during each physical activity?	1) What can I do to demonstrate safe movements when developing my foot skills?
Essential Questions Gr 2	1) How can I apply relationships and space when practicing my foot skills?	1) How can I demonstrate a mature form of dribbling using my foot?	1) What is muscular endurance? 2) Why is muscular endurance important to my health?	1) What is challenging about the activity? 2) What is one way I can improve my skill?
OPEN Module	Foot Skills Module	Foot Skills Module	Instant Activities Module	Foot Skills Module
Activities	<ul style="list-style-type: none"> <li>Kick and Chase Race</li> <li>Soccer Bowling</li> <li>Station Day</li> </ul>	<ul style="list-style-type: none"> <li>Soccer Red Light Green Light</li> <li>Driver's Test</li> <li>Soccer Passing</li> </ul>	<ul style="list-style-type: none"> <li>Shadow Ball</li> <li>Toss 3</li> <li>Tug Boat Tag</li> </ul>	<ul style="list-style-type: none"> <li>Soccer Red Light, Green Light</li> <li>Teacher Says</li> <li>Soccer Passing</li> </ul>
Assessment(s)	<ul style="list-style-type: none"> <li>DOK Questions</li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Holistic Performance Rubric</li> <li>Holistic Dual Performance Rubric</li> </ul>	<ul style="list-style-type: none"> <li>DOK Questions</li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Holistic Performance Rubric</li> <li>Holistic Dual Performance Rubric</li> </ul>
Focused Standards Gr K (Codes Only)	<ul style="list-style-type: none"> <li>S2.[K.d]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[K.d]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[K.a]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[K.a]</li> </ul>
Focused Standards Gr 1 (Codes Only)	<ul style="list-style-type: none"> <li>S2.[1.e]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[1.c]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[1.c]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[1.c]</li> </ul>
Focused Standards Gr 2 (Codes Only)	<ul style="list-style-type: none"> <li>S2.[2.a,b]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[2.a]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[2.b]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[2.b]</li> </ul>
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Week 13-16	Cognitive	Motor Skills	Fitness	Personal & Social Responsibility
Essential Questions Gr K	1) How do my bones and muscles help me move?	1) How can I move to the beat using basic locomotor and nonlocomotor rhythmic patterns?	1) How can each physical activity help my body grow?	1) How can I work with others while maintaining a safe environment?
Essential Questions Gr 1	1) How do the muscles attached to the bones help me move?	1) How can I demonstrate different types of gymnastic skills?	1) How can intensity levels affect my performance in the activity?	1) How can I use equipment safely?
Essential Questions Gr 2	1) How does the brain help my body move?	1) How can I demonstrate different types of gymnastic skills?	1) What is flexibility? 2) Why is flexibility important to understand?	1) How can I participate safely with others?
OPEN Module	Educational Gymnastics Module	Educational Gymnastics Module	Instant Activities Module	Educational Gymnastics Module
Activities	A complete module aligned to the Virginia Standards of Learning is currently under development.			
Assessment(s)	Currently Under Development			
Focused Standards Gr K (Codes Only)	• S2.[K.a]	• S1.[K.e]	• S3.[K.a]	• S4.[K.a]
Focused Standards Gr 1 (Codes Only)	• S2.[1.b]	• S1.[1.e]	• S3.[1.c]	• S4.[1.a]
Focused Standards Gr 2 (Codes Only)	• S2.[2.c]	• S1.[2.b]	• S3.[2.c]	• S4.[2.d]
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Week 17-20	Cognitive	Motor Skills	Fitness	Personal & Social Responsibility
Essential Questions Gr K	1) Why does my heart beat faster when I move more?	1) How can I demonstrate locomotor skills using different speeds?	1) What are activities I can do at home with friends and family?	1) What are examples I can demonstrate when working with others cooperatively?
Essential Questions Gr 1	1) Why is improving my heart important as I continue to be active?	1) How can I demonstrate locomotor skills using different speeds in a mature form?	1) What can I do if the intensity is too easy or too hard?	1) What are examples I can demonstrate using the equipment safely and working cooperatively with others?
Essential Questions Gr 2	1) What are major muscles that help my body move?	1) How can I demonstrate proper force in each activity?	1) What is muscular strength? 2) Why is muscular strength important?	1) Why is it important to take turns and share equipment with others?
OPEN Module	Parachute Module	Parachute Module	Instant Activities Module	Parachute Module
Activities	<ul style="list-style-type: none"> <li>The Basics</li> <li>Ball Fun</li> <li>Under the 'Chute</li> <li>Parachute Games</li> <li>Parachute Fitness</li> </ul>	<ul style="list-style-type: none"> <li>The Basics</li> <li>Ball Fun</li> <li>Under the 'Chute</li> <li>Parachute Games</li> <li>Parachute Fitness</li> </ul>	<ul style="list-style-type: none"> <li>Food is Fuel Tag</li> <li>Turkey Tag</li> <li>Fuel Collector</li> <li>Say Cheese Tag</li> </ul>	<ul style="list-style-type: none"> <li>The Basics</li> <li>Ball Fun</li> <li>Under the 'Chute</li> <li>Parachute Games</li> <li>Parachute Fitness</li> </ul>
Assessment(s)	<ul style="list-style-type: none"> <li>DOK Questions</li> <li>Self-Assessment Worksheet</li> </ul>	<ul style="list-style-type: none"> <li>Holistic Performance Rubric</li> <li>Holistic Dual Performance Rubric</li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment</li> <li>Holistic Performance Rubric</li> <li>Holistic Dual Performance Rubric</li> </ul>
Focused Standards Gr K (Codes Only)	<ul style="list-style-type: none"> <li>S2.[K.c]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[K.a,i]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[K.c]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[K.a]</li> </ul>
Focused Standards Gr 1 (Codes Only)	<ul style="list-style-type: none"> <li>S2.[1.d]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[1.a,k]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[1.c]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[1.a]</li> </ul>
Focused Standards Gr 2 (Codes Only)	<ul style="list-style-type: none"> <li>S2.[2.d]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[2.f]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[2.a]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[2.c]</li> </ul>
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Week 21-24	Cognitive	Motor Skills	Fitness	Personal & Social Responsibility
Essential Questions Gr K	1) How do my bones and muscles help me perform each physical activity?	1) How can I demonstrate critical elements while striking a object?	1) How does each activity help improve my body and fitness?	1) What are the rules of the activity?
Essential Questions Gr 1	1) How can I use my muscles to move around during each physical activity?	1) How can I demonstrate critical elements that lead to a mature form of striking an object?	1) How can I increase my fitness and improve my health?	1) How can I demonstrate the rules of the activity?
Essential Questions Gr 2	1) How do muscles help keep the body balanced?	1) How can I demonstrate a mature form of striking an object?	1) Why is body composition important to understand?	1) What are the class rules and how can I follow them during the activity?
OPEN Module	Volleying and Striking Skills Module	Volleying and Striking Skills Module	Instant Activities Module	Volleying and Striking Skills Module
Activities	<ul style="list-style-type: none"> <li>Keep it Up</li> <li>Net Ball</li> <li>Paddle it Up</li> <li>Musical Paddle Bop</li> <li>Net Ball (With Paddle)</li> </ul>	<ul style="list-style-type: none"> <li>Musical Balloon Bop</li> <li>Bull's Eye</li> <li>Paddle it Up</li> <li>Musical Paddle Ball</li> </ul>	<ul style="list-style-type: none"> <li>First Things First</li> <li>Flower Power Tag</li> <li>Toss 3</li> </ul>	<ul style="list-style-type: none"> <li>Air Ball</li> <li>Net Ball</li> <li>Paddle it Up</li> <li>Station Day</li> </ul>
Assessment(s)	<ul style="list-style-type: none"> <li>DOK Questions</li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment Worksheet</li> <li>Holistic Performance Rubric</li> <li>Holistic Dual Performance Rubric</li> </ul>	<ul style="list-style-type: none"> <li>DOK Questions</li> </ul>	<ul style="list-style-type: none"> <li>Holistic Performance Rubric</li> <li>Holistic Dual Performance Rubric</li> </ul>
Focused Standards Gr K (Codes Only)	<ul style="list-style-type: none"> <li>S2.[K.a]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[K.c]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[K.a]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[K.c]</li> </ul>
Focused Standards Gr 1 (Codes Only)	<ul style="list-style-type: none"> <li>S2.[1.b]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[1.c]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[1.a]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[1.b]</li> </ul>
Focused Standards Gr 2 (Codes Only)	<ul style="list-style-type: none"> <li>S2.[2.e]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[2.h]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[2.e]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[2.e]</li> </ul>
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Week 25-28	Cognitive	Motor Skills	Fitness	Personal & Social Responsibility
Essential Questions Gr K	1) How can I demonstrate personal space while using a basketball?	1) How can I demonstrate critical elements while walking and dribbling with a basketball?	1) What are activities I can participate in outside of PE?	1) Why is it important to play safe and cooperate with others?
Essential Questions Gr 1	1) How can I demonstrate control of the basketball in personal and general space?	1) How can I demonstrate critical elements that lead to a mature form of dribbling using my hand?	1) What activities can I participate outside of PE to improve my body and fitness?	1) Why is it important to share the equipment with other students?
Essential Questions Gr 2	1) Why is it important to know different relationships when practicing skills in dynamic situations?	1) How can I demonstrate a mature form of dribbling using my hand?	1) Why is it important to participate in physical activity regularly outside of PE?	1) How can I demonstrate safe participation with others in PE?
OPEN Module	Ball Handling and Dribbling Skills Module	Ball Handling and Dribbling Skills Module	Instant Activities Module	Ball Handling and Dribbling Skills Module
Activities	<ul style="list-style-type: none"> <li>Walk the Dog</li> <li>Wall Passing</li> </ul>	<ul style="list-style-type: none"> <li>Bubble Breakers</li> <li>7 Dribbles</li> <li>Driver's Test</li> <li>Balance Ball</li> </ul>	<ul style="list-style-type: none"> <li>Dribble Fitness</li> <li>Toss 3</li> <li>Slam Balls</li> </ul>	<ul style="list-style-type: none"> <li>Bubble Breakers</li> <li>Bounce and Catch</li> <li>Station Day</li> </ul>
Assessment(s)	<ul style="list-style-type: none"> <li>DOK Questions</li> </ul>	<ul style="list-style-type: none"> <li>Self-Assessment Worksheet</li> <li>Holistic Performance Rubric</li> <li>Holistic Dual Performance Rubric</li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>Holistic Performance Rubric</li> <li>Holistic Dual Performance Rubric</li> </ul>
Focused Standards Gr K (Codes Only)	<ul style="list-style-type: none"> <li>S2.[K.d]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[K.d]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[K.c]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[K.a]</li> </ul>
Focused Standards Gr 1 (Codes Only)	<ul style="list-style-type: none"> <li>S2.[1.e]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[1.c]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[1.a]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[1.a]</li> </ul>
Focused Standards Gr 2 (Codes Only)	<ul style="list-style-type: none"> <li>S2.[2.a]</li> </ul>	<ul style="list-style-type: none"> <li>S1.[2.a]</li> </ul>	<ul style="list-style-type: none"> <li>S3.[2.g]</li> </ul>	<ul style="list-style-type: none"> <li>S4.[2.d]</li> </ul>
Notes			PE=Physical Education	PE=Physical Education

Week 29-32	Cognitive	Motor Skills	Fitness	Personal & Social Responsibility
Essential Questions Gr K	1) Why does my heart beat faster when I dance to the beat?	1) How can I demonstrate moving to the rhythmic pattern using locomotor and non-locomotor skills?	1) What can I do to dance with family my at home?	1) How can I demonstrate general and personal space when dancing?
Essential Questions Gr 1	1) Why is it important to control my breathing when participating in physical activity?	1) How can I demonstrate moving to the rhythmic patterns in personal and general space?	1) How can dancing outside of PE help my body move and grow?	1) Why is space important when performing different dances?
Essential Questions Gr 2	1) Why is it important to know your surroundings when dancing in general space?	1) How can I demonstrate moving to the rhythmic patterns in a dance sequence?	1) How can dance effect cardiorespiratory endurance?	1) Why is safety important when performing dance activities?
OPEN Module	Dance Module	Dance Module	Dance Module and Instant Activities Module	Dance Module
Activities	<ul style="list-style-type: none"> <li>• Pop See Ko</li> <li>• A Very Simple Dance</li> <li>• Hokey Pokey</li> <li>• The Birdie Dance</li> <li>• Kinderpolka</li> </ul>	<ul style="list-style-type: none"> <li>• Moving 8s</li> <li>• A Very Simple Dance</li> <li>• Dancing Duke of York</li> <li>• Kinderpolka</li> <li>• Mexican Hat Dance</li> </ul>	<ul style="list-style-type: none"> <li>• Goldfish Dance</li> <li>• Hot Hot Hot</li> <li>• Fiddlesticks</li> </ul>	<ul style="list-style-type: none"> <li>• Pop See Ko</li> <li>• Sitting Square Dance</li> <li>• Goldfish Dance</li> </ul>
Assessment(s)	<ul style="list-style-type: none"> <li>• DOK Questions</li> </ul>	<ul style="list-style-type: none"> <li>• Self-Assessment</li> <li>• Holistic Performance Rubric</li> <li>• Holistic Dual Performance Rubric</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Self-Assessment</li> <li>• Holistic Performance Rubric</li> <li>• Holistic Dual Performance Rubric</li> </ul>
Focused Standards Gr K (Codes Only)	<ul style="list-style-type: none"> <li>• S2.[K.c]</li> </ul>	<ul style="list-style-type: none"> <li>• S1.[K.e]</li> </ul>	<ul style="list-style-type: none"> <li>• S3.[K.b]</li> </ul>	<ul style="list-style-type: none"> <li>• S4.[K.b]</li> </ul>
Focused Standards Gr 1 (Codes Only)	<ul style="list-style-type: none"> <li>• S2.[1.c]</li> </ul>	<ul style="list-style-type: none"> <li>• S1.[1.f]</li> </ul>	<ul style="list-style-type: none"> <li>• S3.[1.a]</li> </ul>	<ul style="list-style-type: none"> <li>• S4.[1.c]</li> </ul>
Focused Standards Gr 2 (Codes Only)	<ul style="list-style-type: none"> <li>• S2.[2.b]</li> </ul>	<ul style="list-style-type: none"> <li>• S1.[2.c]</li> </ul>	<ul style="list-style-type: none"> <li>• S3.[2.d]</li> </ul>	<ul style="list-style-type: none"> <li>• S4.[2.d]</li> </ul>
Notes			PE=Physical Education	



Week 33-36	Cognitive	Motor Skills	Fitness	Personal & Social Responsibility
Essential Questions Gr K	1) How does food provide energy to move?	1) Why is it important to differentiate between different locomotor skills?	1) What is one fruit and vegetable?	1) Why is cooperation beneficial in safe play?
Essential Questions Gr 1	1) Why does physical activity use energy from foods?	1) How can I demonstrate critical elements for each locomotor skill?	1) Why does the body need water?	1) What are safety rules to address before the activities in PE?
Essential Questions Gr 2	1) Why is dairy important for bone growth?	1) How can I demonstrate mature forms of locomotor skills?	1) Why is choosing nutritious foods and being active important to be healthy?	1) How can I be safe during the activity when playing with others?
OPEN Module	Flag Tag Module	Flag Tag Module	Instant Activities Module	Flag Tag Module
Activities	<ul style="list-style-type: none"> <li>• Slow Motion Tag</li> <li>• 1V1 Tag</li> <li>• Offense / Defense Tag</li> <li>• Firework Tag</li> </ul>	<ul style="list-style-type: none"> <li>• Scoreboard Tag</li> <li>• Island Tag</li> <li>• Firework Tag</li> </ul>	<ul style="list-style-type: none"> <li>• Super Salad Bowl Tag</li> <li>• Harvest Tag</li> <li>• Around The World RPS</li> </ul>	<ul style="list-style-type: none"> <li>• 1V1 Tag</li> <li>• Football Freeze Tag</li> <li>• Handoff Helper Tag</li> </ul>
Assessment(s)	<ul style="list-style-type: none"> <li>• DOK Questions</li> </ul>	<ul style="list-style-type: none"> <li>• Self-Assessment Worksheet</li> <li>• Holistic Performance Rubric</li> <li>• Holistic Dual Performance Rubric</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Self-Assessment Worksheet</li> <li>• Holistic Performance Rubric</li> <li>• Holistic Dual Performance Rubric</li> </ul>
Focused Standards Gr K (Codes Only)	<ul style="list-style-type: none"> <li>• S5.[K.a]</li> </ul>	<ul style="list-style-type: none"> <li>• S1.[K.a]</li> </ul>	<ul style="list-style-type: none"> <li>• S5.[K.b]</li> </ul>	<ul style="list-style-type: none"> <li>• S4.[K.a]</li> </ul>
Focused Standards Gr 1 (Codes Only)	<ul style="list-style-type: none"> <li>• S5.[1.d]</li> </ul>	<ul style="list-style-type: none"> <li>• S1.[1.a]</li> </ul>	<ul style="list-style-type: none"> <li>• S5.[1.c]</li> </ul>	<ul style="list-style-type: none"> <li>• S4.[1.b]</li> </ul>
Focused Standards Gr 2 (Codes Only)	<ul style="list-style-type: none"> <li>• S5.[2.a]</li> </ul>	<ul style="list-style-type: none"> <li>• S1.[2.d]</li> </ul>	<ul style="list-style-type: none"> <li>• S5.[2.d]</li> </ul>	<ul style="list-style-type: none"> <li>• S4.[2.d]</li> </ul>
Notes				PE=Physical Education

<b>Week 37-40</b>	<b>Cognitive</b>	<b>Motor Skills</b>	<b>Fitness</b>	<b>Personal &amp; Social Responsibility</b>
Essential Questions Gr K	1) How do fruits and vegetables help the body keep moving?	1) How can I use the space around me to work on my fitness?	1) What can I do over the summer to stay fit with my family?	1) How can I use the space at home to stay fit over the summer?
Essential Questions Gr 1	1) What is one food from each food group?	1) How can I demonstrate personal and general space to work on my fitness levels?	1) What fitness activities can I do at home over the summer to help my body move and grow?	1) How can I be safe when performing fitness activities over the summer?
Essential Questions Gr 2	1) Why is it important to know that nutritious foods and being physically active contribute to being healthy?	1) Why is spatial awareness important when working on fitness over the summer?	1) What can I do to improve each health-related fitness component over the summer?	1) What is one challenging fitness activity? 2) What activity can I do to improve that challenge?
OPEN Module	<b>Active Home Module</b>	<b>Active Home Module</b>	<b>Active Home Module</b>	<b>Active Home Module</b>
Activities	Resources for this module can currently be found at <a href="https://openphysed.org/activeschools/activehome">https://openphysed.org/activeschools/activehome</a> A complete module aligned to the Virginia Standards of Learning is currently under development.			
Assessment(s)	<i>Currently Under Development</i>			
Focused Standards Gr K (Codes Only)	• S5.[K.c]	• S2.[K.d]	• S3.[K.c]	• S4.[K.b]
Focused Standards Gr 1 (Codes Only)	• S5.[1.b]	• S2.[1.e]	• S3.[1.a]	• S4.[1.b]
Focused Standards Gr 2 (Codes Only)	• S5.[2.d]	• S2.[2.b]	• S3.[2.f]	• S4.[2.b]
Notes				