

TIERED QUESTIONING SET

The following tiered question sets are based on Webb's Depth of Knowledge (DOK) Levels. These sample sets are designed to assess student understanding of physical education academic language vocabulary found within the Virginia Physical Education Standards of Learning. Model these questions with other vocabulary words or critical concepts. There are 4 Depth of Knowledge Levels. However, at the primary grade levels (K-2) the authors limit question sets to DOK Level 3 (Strategic Thinking). This level provides a developmentally appropriate and realistic target for scaffolding in-class debrief questions.

DOK 1: Recall
DOK 3: Strategic Thinking

DOK 2: Skill/Concept
DOK 4: Extended Thinking

General Space [1.1: Motor Skill Development]

DOK 1: What is general space?

DOK 2: What do you know about how you should move in general space?

DOK 3: How would your movement change if we made the boundaries of the general space smaller?

Bones [1.2: Anatomical Basis of Movement]

DOK 1: Can you point to your femur?

DOK 2: What do bones do for our bodies?

DOK 3: How do bones and muscles work together?

Breathing Rate [1.3: Fitness Planning]

DOK 1: What does breathing rate mean?

DOK 2: What do you notice about your breathing rate when you run?

DOK 3: What is the difference between breathing rate and heart rate?

Cooperation [1.4: Social Development]

DOK 1: What is cooperation?

DOK 2: How did you cooperate in our activity today?

DOK 3: What would our physical education class be like if nobody cooperated?

Physical Activity [1.5: Energy Balance]

DOK 1: How would you describe physical activity?

DOK 2: How can you be physically active at home?

DOK 3: What do you think will happen if you are not physically active each day?

Learn more about DOK Question Stems for Physical Education at the [OPENPhysEd.org Blog](https://openphysed.org/blog).