The OPEN Academic Language Project
Based on the Virginia Physical Education Standards of Learning

Academic Language Card Set
GRADE FOUR
Social Development

More Physical Education Curriculum Tools at www.OPENPhysEd.org
OPEN is a Public Service of US Games
APPLICATION
(Noun)

The act of putting something to use.

Mr. Boughton told the students that application of the rules and proper technique was the only way to be successful in the striking game.

(VA SOL 4.4)
COMPETITIVE

(Adjective)

Having a strong desire to achieve a goal or defeat an opponent.

Because the fourth-grade class was very competitive, Mr. Reynolds discussed conflict resolution strategies.

(VA SOL 4.4)
CONFLICT RESOLUTION

(Noun)

A way to find a positive solution to a disagreement.

Before we started our tournament games, we came up with a list of strategies for conflict resolution.

(VA SOL 4.4)
COOPERATION
(Noun)

The process of working together for a common goal.

Keeping our PE equipment in good condition takes cooperation. We all must work together to use things the way the right way and to put them back when class is over.

(VA SOL 4.4)
ETIQUETTE
(Noun)

Rules for good behavior and manners.

John followed class etiquette in physical education by taking turns with equipment and listening respectfully to the ideas of others.

(VA SOL 4.4)
INTEGRITY
(Noun)

The quality of being honest and having strong moral character.

Mrs. Crandall taught integrity as a one of the most important characteristics in sports as well as in daily life.
(VA SOL 4.4)
PHYSICAL ACTIVITY
(Noun)

Any physical movement that uses the body’s energy.

Taking a walk with my family is a great physical activity and helps us stay healthy.

(VA SOL 4.4)
PROCEDURE
(Noun)

A series of actions done in a certain order or manner.

After Brayden's injury at recess, the class followed safety procedures to prevent future injuries. (VA SOL 4.4)
PRODUCTIVE

(Adjective)

Having results that are helpful or useful.

Mr. Borkowski hoped that his students would work in a productive manner towards their fitness goals outside of class.

(VA SOL 4.4)
RESOLVE
(Verb)

To settle or find a solution to a problem or disagreement.

Karamia and Sabella needed the help of Ms. James to resolve their conflict.

(VA SOL 4.4)