Complete the puzzle. Then, talk to a family member or friend about what each word means to you.

Motor Skill Development

Across
3) An understanding and demonstrated ability to successfully perform a skill.
4) An arrangement or sequence.
6) An action or strategy that helps achieve a specific goal.
7) Something that is constantly changing or moving.

Down
1) The evaluation of one’s own performance.
2) A single point from which the body’s weight is evenly distributed, creating perfect balance.
5) Skill or proficiency in a specific area.