Lesson 14: The Hunger Gap

Community Food Availability Maps

1. What is the name of this community?

2. From what type of store(s) do you think most residents in this community get the majority of their food? How might this differ among residents who have access to a vehicle versus those who don’t?

3. Does this type of store(s) generally offer a variety of healthy options, such as fruits, vegetables, whole grains, and beans, at affordable prices?

4. Based on the information given, how would you describe how difficult it is for residents of this community to get enough healthy food? Would you consider this community a food desert? Why or why not?

5. What additional information might help you better measure how difficult it is for residents of this community to get enough healthy food?
Community Food Availability Map: Clifton Park

- Median household income: $25,737
- Percent of households with no vehicles available: 44.2%

Community Food Availability Map: Southwest Baltimore

- Median household income: $24,946
- Percent of households with no vehicles available: 52.8%

Community Food Availability Map: Roland Park

- Median household income: $104,481
- Percent of households with no vehicles available: 4.4%


Measuring Household Food Security

The USDA produced this household food security survey to use with youth ages 12 and older. The following questions are about the food situation in your home during the last month.

1. Did you worry that food at home would run out before your family got money to buy more?
   A LOT       SOM TIMES       NEVER

2. Did the food that your family bought run out, and you didn’t have money to get more?
   A LOT       SOM TIMES       NEVER

3. Did your meals only include a few kinds of cheap foods because your family was running out of money to buy food?
   A LOT       SOM TIMES       NEVER

4. How often were you not able to eat a balanced meal because your family didn’t have enough money?
   A LOT       SOM TIMES       NEVER

5. Did you have to eat less because your family didn’t have enough money to buy food?
   A LOT       SOM TIMES       NEVER

6. Has the size of your meals been cut because your family didn’t have enough money for food?
   A LOT       SOM TIMES       NEVER

7. Did you have to skip a meal because your family didn’t have enough money for food?
   A LOT       SOM TIMES       NEVER

8. Were you hungry but didn’t eat because your family didn’t have enough food?
   A LOT       SOM TIMES       NEVER

9. Did you not eat for a whole day because your family didn’t have enough money for food?
   A LOT       SOM TIMES       NEVER