



Grade 1 - Sample Lesson Plan

My Body-The Brain

Objectives/Goals

- The student will be able to identify the brain from a picture.
- The student will be able to cite what the functions of the brain are.
- The students will be able to identify the brain as one of the body's major organs.
- The student will be able to list several ways to keep your brain healthy.

Materials

- You Tube Video – How Your Brain Works – KidsHealth.Org time 3:41 <https://youtu.be/-nH4MRvO-10>
- Worksheet – Brain (4 parts)
- Coloring Sheet – Brain
- Brain, Brain, Brain Song by Story Bots <https://www.youtube.com/watch?v=Nn17DLSNFV8>

LYRICS: Your brain is a magnificent miraculous machine The

most super-charged computer that you have ever seen

Protected by your Cranium it hides between your ears

The Stem, the Cerebellum, and Cerebral hemispheres

(Chorus) Your Brain, Brain, Brain, is sending and receiving

Your Brain, Brain, Brain, information that you're needing

Your Brain, Brain, Brain, it has a lot to do It's a crazy mult-

tasker that works overtime for you

