

**HEALTH
SMART
VIRGINIA**



**SAMPLE LESSON
PLANS**

Health Smart Virginia - Sample Lesson Plan

Grade 3- Alcohol, Tobacco, and Drug Use Prevention

Unit 2

SOLs:

- 3.3.F Encourage others not to use alcohol, tobacco, inhalants, or other drugs

Title: Substance Abuse Prevention Performance Task

Objectives/ Goals:

- The student will create a product to educate others not to use alcohol, tobacco, inhalants, or other drugs.

Materials:

- Substance Abuse Prevention Performance Task (includes rubric)

Procedure:

Step 1	Review the performance task before introducing it to your students.
Step 2	Pass out a copy of the performance task to each student and review the expectations. Provide a due date for the performance task.
Step 3	Once their signs are complete, decide if students will hang their signs within the classroom or the halls of the school.

Assessments, References & Sources: Mary McCarley, 2018

Substance Abuse Prevention Performance Task

Schools, playgrounds, and public facilities often post a sign stating that it is illegal to smoke or use tobacco products on the property. Imagine that you been asked to create a sign for your school stating that it is against the rules to use tobacco, alcohol, inhalants, or other drugs on school property. Choose one topic (tobacco, alcohol, inhalants, or a drug) to be the focus of your sign.

Include the following requirements on your sign:

- Words, slogan, or statement that the substance should not be used on school property
- Picture or image relating to your topic
- 1 or more harmful effects of the substance
- Include color to enhance the sign
- Optional: Other information to convince kids to not use the substance

An example of an actual anti-smoking sign is provided below. Make sure to include all the requirements on your sign.



Performance Task Rubric

	Great Work 4	Good Job 3	Getting There 2	Not Quite 1
Requirements	All requirements are met and exceeded.	All requirements are met.	One requirement was not met.	More than one requirement was not met.
Content	Information is accurate and in-depth with details.	Information is accurate.	Most of the information is accurate but contains some factual errors.	Information includes several factual errors.
Organization	All work is neat and information is easy to understand.	Most work is neat and easy to understand.	Some work is neat and easy to understand.	Work is not neat and difficult to understand.
Grammar	There are few mistakes in grammar, punctuation, or spelling.	There are some mistakes in grammar, punctuation, or spelling.	There are several mistakes in grammar, punctuation, or spelling.	Product has little or no punctuation and/or correct spelling. Content is unclear due to excessive errors.
Effort	Work shows exceptional effort, planning, and pride.	Work shows good effort, planning, and pride.	Work shows basic effort, planning, and pride.	Work shows minimal effort, planning, and pride

Grading Rubric

20= 100%
 19= 97%
 18= 94%
 17= 91%
 16= 88%
 15= 85%
 14= 82%
 13= 79%
 12= 76%
 11=74%
 10= 71%
 9= 69%
 8= 66%
 7= 64%
 6= 62%
 5= 60%

