Grade 5 Sample Lesson Plan:  
Unit 3 – Jolly Rancher and the Senses

SOLs
- 5.1.A Identify the major structures and functions of the integumentary (skin, hair, and nails) system.

Objectives/Goals
- The student will be able to...
  - identify the functions of their five senses
  - describe how they use their five senses when eating a jolly rancher
  - explain the different parts of their 5 senses they are using to complete the writing

Materials
- 1 Jolly Rancher per student
- Jolly Rancher Writing

Procedure
- Utilize this performance assessment upon completion of lesson taught on the five senses and personal health. This cross-curricular literature activity has students work on grammar and literature components relating to writing about sensory details.
- Ask students if they’ve ever had a Jolly Rancher or a hard candy that is similar. Ask them why they liked it or didn’t like it.
- Give each student a Jolly Rancher but tell them not to eat it just yet.
- Explain they have an assignment based on that Jolly Rancher.
- Before they eat it review the body parts, systems, and five senses that will help the students eat the Jolly Rancher.
  - Skin-touch
  - Mouth/teeth/tongue-taste
  - Eyes-looks like
  - Nose-smell
● Ears-sounds like
● Pass out the Jolly Rancher Writing worksheet and explain the directions.
● Before actually putting the Jolly Rancher in their mouth they need to address the senses of touch, sight, smell, and sound.
● As they are doing this they can write down a few key words about each sense to help them complete the assignment.
● Once they’ve completed the first four senses they can eat it and explain the last sense of taste.
● You can use any candy or food item. It may help to have 2 choices in case a student does not like Jolly Ranchers or is not able to eat them due to dietary restrictions.
● Complete a similar activity with a food item that a student may not like. They wouldn’t have to eat it to be able to complete the assignment.

References
● Stacy Adams, Shaler Area Elementary School

Handout
The next page includes a handout for the lesson. The handout is designed for print use only.
Write a short paragraph describing the Jolly Rancher based on the information you’ve learned about your five senses.

- **Introduction:** Start with a sentence or two explaining your overall feelings about the Jolly Rancher... **before you eat it!**
- Write 1–2 sentences about [in any order]:
  - What it feels [skin] like?
  - What it tastes [tongue/teeth] like?
  - What it looks [eyes] like?
  - What it smells [nose] like?
  - What it sounds [ears] like?
- **Concluding Sentence:** Finish your paragraph with a sentence with your thoughts about this activity.