Grade 5 Sample Lesson Plan: Unit 6 – Community Health Fair

SOLs

5.1.S Examine community health issues.
5.3.G Recognize parents, guardians, and other trusted adults as resources to promote health, prevent disease, and create a healthy community.
5.3.H Identify how culture, family, friends, and the media influence health practices.
5.3.K Promote the value of community health and wellness.
5.3.L Advocate for a caring school environment.
5.3.M Identify community health projects for peers and community groups to work on together.
5.3.N Promote volunteerism and community service

Objectives/Goals

• Students will coordinate a family and community educational event to promote health.

Materials

• School facilities and invited community health representatives

Procedure

• Actively involve students in the planning and coordination of a community health fair that includes information and activity booths set up by local community health representatives.
• At each area of activity, have students collect stamps to denote participation.

Assessment Idea

• Evaluate student participation in planning, displays, and activities

References

• Action For Healthy Kids - Health and Wellness Fair
• Action for Healthy Kids – How to Host a Health Fair – 7 Strategies for

- Good Health – It’s Elementary! An Elementary School Health Fair  
- Texas A & M Health Fair Planning Guide  
- American Cancer Society [www.cancer.org](http://www.cancer.org)
- American Diabetes Association [www.diabetes.org](http://www.diabetes.org)
- American Heart Association [www.heart.org](http://www.heart.org)
- Virginia Safe Kids Coalition - [https://www.safekids.org/coalition/safe-kids-virginia](https://www.safekids.org/coalition/safe-kids-virginia)
- Virginia Resource Directory – [www.211.virginia.org](http://www.211.virginia.org)