Grade 7- Safety and Injury Prevention

Unit 1

SOLs:

7.1.M Recognize harmful and risky behaviors.
7.1.N Identify potential personal safety issues related to being home alone, caring for others, being in the neighborhood and community, and being online.
7.3.T Identify ways to maintain a safe and healthful environment at school and at home.

Title: Personal Safety

Objectives/ Goals: Students will be able to identify personal safety risks

Materials:

- Flip Chart Paper, Sticky Notes

Procedure:

- Post and review the 8 rules of safety.
- Post blank flip charts that are titled – harmful and risky behaviors/home alone, harmful and risky behaviors/caring for others, harmful and risky behaviors/being in the neighborhood, harmful and risky behaviors/being online.
- Ask students to identify harmful and risky behaviors for each of these situations; and have students scribe these on flip charts or onto sticky notes that are then added to the flip charts.
- Review the attached 8 rules for Home Alone Safety and 7 Internet Safety Rules. Ask for student contributions of additional rules that could help them or others maintain a safe environment at home, at school, and in the community. Add and display these on flip charts, titled “I will be safer if…. “
- Have students take turns read back all of the harmful and risky behaviors and then read the “I will be safer if...” statements. Ask them if they think these rules will help them be safer. If not, what additional rules would they add. Add those.

Assessment Ideas:

- Are students able to generate risks and safety solutions?
Internet Safety

- Never send anything you wouldn’t say in real life.
- Never give out your address, phone number, school or your parent’s names without permission.
- Never send packages or pictures to people you’ve met online without your parent’s permission.
- DO NOT share your passwords with friends.
- Never install programs on your computer without permission.
- Never agree to met someone you’ve met online in person.
- If you find something online that makes you feel uncomfortable, talk to a parent.

Source: Microsoft.com  https://www.pinterest.com/pin/111182684525297187